

## Our Individual Advocates can:

- Go to meetings with you.
- Help you speak to a service or provider.
- Help you to access information.
- Make a complaint on your behalf.
- Help you understand services such as the NDIS or government agencies.
- Support you to defend your rights and entitlements.
- Help you to complete paperwork.



## Contact Us



### Phone

(03) 8407 3684



### Email

neca@citizenadvocacy.com.au



### website

www.citizenadvocacy.com.au



### Address

PO Box 251  
Watsonia VIC 3087

Scan our QR  
code to visit  
the NECA  
Website



*North East Citizen Advocacy is funded  
by the Department of Social Services*

## Individual Advocacy

**Free support for  
people with an  
intellectual disability**



one  
to  
one

North East Citizen Advocacy

# What is Individual Advocacy?

Acting, speaking or writing to promote and defend the human rights of people with disability.

At NECA we provide one-to-one support to help you voice your concern about something that you may need help with.

We will explain to you what your choices are and help you to make your own decisions.

We can help with issues such as:

- when you need support to make an informed decision
- when you are not getting a good service
- when you are or have experienced discrimination
- when you are being treated unfairly

# Who can we help?

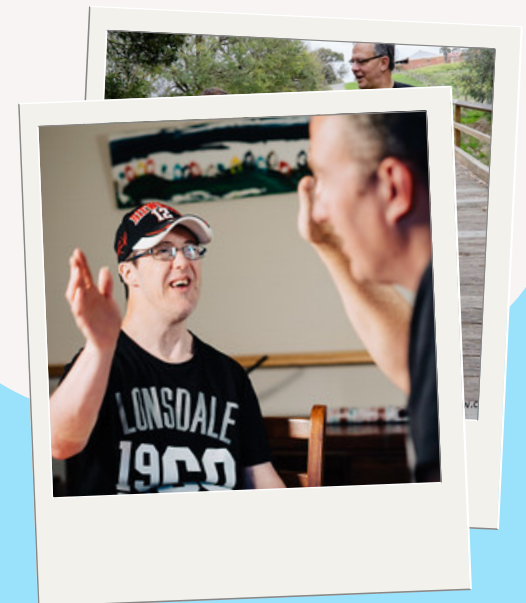
A adult with an intellectual disability or a carer/family member of an adult with intellectual disability who lives in:

- Banyule
- Darebin
- Nillumbik
- Whittlesea

## Things you should know

- We won't do anything for you without asking you first.
- We will ensure that your information is safe and your privacy is respected.
- You can choose to stop when you want to.
- We cannot give legal help, but we can help you access legal support.

**Our service is completely free.**



## Who is North East Citizen Advocacy?

North East Citizen Advocacy (NECA) is community-based organisation that seeks to uphold the rights and interests of adults with an intellectual disability on a 'one to one' basis.

NECA was created in 1986 and provides a range of free advocacy programs.